

**SOMA SPA**

## **DOMES NORUZ KASSANDRA**

*Restoring What Has Been Lost, Leading You To A Stage Of Completeness*

Two spacious Spa Suites are set up to host treatments from Award-winning, Domes's signature SOMA Spa, delivering a level of absolute tranquility through signature treatments that blend ancient Greek ritual and contemporary healing. Known for specialized post-clubbing detox sessions that restore balance for the next all-nighter, don't miss an opportunity for a much-needed world-class pick-me-up near the high-energy beach and Aegean sea.

The rituals of the spa treatments and methods of the ancient Greeks are combined with the most recent healing techniques and results oriented products, to bring the balance of your body to be restored in a place where ancient tradition inspires an aura of vitality, combined with the latest techniques of technology treatments.

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## **WELCOME HOME SIGNATURE SOMA SPA IMMERSION CATHARSIS**

Our SOMA Spa Signature welcome touch brings the aura of Greece into the treatment room. Every treatment begins with the use of a restorative body balm that is lightly massaged to the upper back or décolleté, to bring you to a therapeutically relaxed state of being. We then spray an Aloe Vera Mist high above your head and perform an “Inhalation Tent” with a few drops of a Lavender and Chamomile Essential Oils. You are then ready to indulge in our bespoke and advanced Face and Body Therapies...

### **YES, WE CARE / A SOMA SPA GREEN POLICY**

We prioritize safety and efficacy when choosing our spa products, therefore we ensure that all our brands make use of natural and clean ingredients, that are formulated with integrity and are sourced ethically respecting the environment. All our products are paraben free and formulated with no use of harmful ingredients for the skin. We also opt for vegan formulations where possible, from natural and sustainably sourced ingredients, in recyclable packaging. As a Wellness brand at SOMA Spa, we believe we have responsibly to the health of your skin and its environment.

To minimize our impact, we ensure the minimum use of water within our treatments, and the use of the minimum disposable materials, that are mostly biodegradable or fully recycled. We are taking small steps for now, but we are committed to ensuring both the health of our guests and the environment.

### **SOMA SPA — OUR PREFERRED BRANDS**

#### **ELEMIS**

A skin wellness brand with an aromatherapist’s soul, an artist’s spirit, and a scientist’s commitment to results. An innovative and global British skincare brand with over 30 years of expertise. A brand that believes in “truth in beauty”, focusing in delivering proven results with feel-good skincare products combined with cutting-edge patented technology. Nature powers the ELEMIS products: by sourcing natural extracts that catalyse each other and harnessing the power of nature’s finest active ingredients, delivering results that you can see and feel, both inside and out.

#### **CODAGE PARIS**

Inspired by the Periodic table of elements, CODAGE uses cocktails of active natural ingredients that work synergistically to answer specific needs. Combined and dosed, they bring to the skin essential nutrients to its proper functioning. Each treatment is build as a unique composition of formulas that builds a code or “codage” in French.

## **HALKIDIKI SIGNATURE SPA THERAPIES**

Inspired by the flora of Halkidiki, the Greek mythological Gods and the therapeutic practices of Hippocrates.



## **YES HONEY, BODY & FACE RITUAL**

75' | €155

Inspired by the anti-inflammatory benefits of Honey Enzymes and the fact that Halkidiki is one of the main honey production areas in Greece, this ritual begins with a relaxing body massage from top-to-toe and rounds up with a face cleansing experience, using a Honey Enzyme Peel / Cleanser, which makes it a potent, anti-inflammatory and antioxidant, with its natural antibiotic properties. A true relaxing and rejuvenating experience for the body and face.

## **GAEA & URANUS, AN INSPIRING BODY MASSAGE**

90' | €165

According to mythology, Halkidiki was one of the places where a historical battle took place opposing Zeus and the children of Gaea (Mother Earth) and Uranus. Inspired by the richness of Gaea and Uranus, this ritual includes a Deep Tissue Massage using a blend of our land's rich botanicals like Rosemary, Lemons & Eucalyptus to bring everything back basics. A true relaxed and strong body. The treatment begins with a thorough body scrub using a Carob seed body scrub that deeply exfoliates and polishes the skin for a nourished and soft result.

## **BACK IN TIME, HIPPOCRATIC THERAPEUTIC MASSAGE**

60' | €140

This Massage Ritual is based on the Massage Principles of Hippocrates, an advocate of Massage. Hippocrates referred to massage as friction or rubbings, and that it should have the effect of relaxing, constricting, thickening, and thinning. With a healing approach this massage focuses on Head & Neck as the crown of the body, feet as the base of the body and the abdomen, center of the body aiming to a healthier system, through targeted detox and cleansing. An all-rounded therapeutic experience, that begins with dry brushing of the body and ends with a mist of Kefir Tea water to awaken the senses.

## **SIGNATURE SPA THERAPIES**

Global exclusives that are ingredient and results-focused using massage techniques from all over the world, powered by natural actives, science, and skin technologies.



## **CLOUD HIGH, CBD RELAXING MASSAGE**

60' | €135

This CBD Massage is particularly focusing on further easing pain and inflammation, thereby speeding up recovery. Your brain's endocannabinoid receptors recognize the compound, enters through the skin, therefore the endocannabinoid system is stimulated, which plays a role in immune function, digestion, mood, and sleep. The body is shifted to a rest-and-digest state and by massaging the areas of concern, we encourage the body to surrender all toxins and enter a maximum relaxation state.

## **FUTURISTIC BLEND, A SIGNATURE COMBO OF TECH & HANDS**

*(Using Theragun Percussive Therapy by Therabody)*

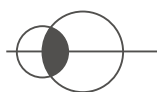
90' | €180

The perfect Jet Lag Recovery, a true Signature Experience like no other. This Authentic Massage has been developed by our Expert team of physios and therapists to ensure the maximum recovery for overworked muscles and extreme fatigue. The Massage focuses on all the body with a combination of Deep Tissue techniques and the additional Percussive therapy benefits from Therabody, using the legendary Theragun Elite. This ensures that blood circulation works in perfect harmony with your body's physiology whilst giving you the feeling of lightness and calm.



## **MESSAGE THERAPIES**

Advanced massage sequences  
to unwind and re-charge.



## **A CULT CLASSIC** *Deep Tissue Massage*

30' — €85 | 60' — €135 | 90' — €160

Tailored entirely to your needs, it leaves you feeling grounded and focused. We will select an ELEMIS Luxury aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation, or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

## **AROMAS IN CHARGE, RELAXING MASSAGE**

60' — €135 | 90' — €160

An aromatherapy hydrating body massage. Powered by unique Essences that have been designed to be used in this extremely relaxing massage, to bring everything back to the potency of modern aromatics. Each Essence has been chosen for a different mood, enabling this massage to be tailored to your needs.

## **DREAM ON**

*Head & Scalp Massage With Back Massage*

60' | €130

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading that invigorates and clears your head.

## **BODY FIX, CONTOURING & DRAINAGE BODY MASSAGE**

60' | €130

This treatment provides a concentrated anti-cellulite action. The toning massage helps eliminate cellulite and reduces the “orange-skin” effect. The drainage stimulating massage techniques promote cellular elimination and regeneration.

## **MAMA TO BE, PREGNANCY MASSAGE**

75' — €150

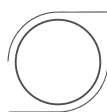
This unique pregnancy massage is profoundly nurturing and tranquil. An intuitive, sensitive, and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted, along with wisdom, empathy and respect.

## **A LITTLE MORE THERAGUN ADD-ON — €10**

A handheld, battery operated ‘*Percussive Therapy*’ device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recovery. Add it to any of the massages for that extra bit of recovery and stress relief.

## **ELEMIS PRO-GLOW HANDS-ON FACIALS**

Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.



## **SKIN IRON NOW!**

*The HIIT Workout for Your Skin*

50' | €140

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

## **THAT GLOW...(dot.dot.dot)**

*Your Vegan Skin Recipe for Radiance*

30' — €95 | 50' — €125

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant- rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an out- door-fresh glow, skin is left feeling fresh, radiant, and healthy.

## **FACE FITNESS WORKOUT**

*Powered By Theraface Pro*

60' | €150

This is a cardio session for your face, that tones, tightens and sculpts the facial contour. A real workout for your face, and not just a facial; Using the ELEMIS Sculpting wands we help encourage micro-circulation all over the face and at the same time help penetrate the ELEMIS active ingredients to the deeper levels of the epidermis. Powered by Micro-currents, Percussive vibration, Cryo/Thermal tech and LED light, this facial will simply be one of the best gifts you have given your skin in a long time.

## **LIGHT ME UP**

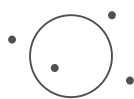
*DÉESSE Pro Express Led Mask – Add On*

10' — €35

Focusing on two clinically proven wavelengths of light 633nm (red) and 830nm (Near Infra-Red) we stimulate collagen and elastin production and improve circulation and tissue oxygenation. The Déesse Pro™ Express uses low-level light therapy (LLLT) to expose the skin to red and Near Infra Red wavelengths of light, delivered at a safe therapeutic dose, to stimulate a natural cellular response across one treatment mode. You can add this therapeutic and anti-ageing technology to any choice of treatments.

## **BODY THERAPY**

Detox, re-shape and nourish with our high-performance  
body therapies.



### **SILK SKIN & TAN EVENER, BODY SALT SCRUB**

*(Frangipani or Lime & Ginger)*

40'— €85

The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

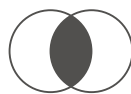
### **HYDRATION BODY CUDDLE AFTER-SUN BODY NECTAR NOURISHING WRAP**

60'— €125

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

## **SPA COMBOS**

Targeted spa experiences for a holistic and 3D approach  
to wellness and well-being.



## **AFTER PARTY, THE BODY COME BACK**

2H, 20' — €350

Body Salt Scrub	30'
Contouring & Drainage Massage	60'
Skin Iron Facial	50'

## **DANCE FLOOR READY & SEXY**

2H — €260

Cloud High, CBD Relaxing Massage	60'
Face Fitness Workout	60'

## **IT'S A SPA DATE BABY, FOR US TWO**

90' — €400 (for both)

### **LET'S BE SPA LOVERS**

The Cult Classic Deep Tissue massage	60'
That Glow... Facial	30'
Glass of champagne with Fruits	

2H, 30' — €350

### **BRIDAL SPA VOWS**

Body Scrub	30'
Aromas In Charge, Relaxing Massage	60'
Face Fitness Workout	60'

2H, 20' — €350

### **GROOM SPA VOWS**

Body Salt Scrub	30'
The Cult Classic Deep Tissue massage	60'
Skin Iron Facial	50'



## SPA ETIQUETTE



## RESERVATIONS, APPOINTMENTS & CHECK-IN

Bookings in advance are highly recommended to secure the most suitable time for your schedule.

## CONSULTATION

To enhance your Spa experience please visit us for a private consultation to determine your needs and design your treatments experience. Your personalized package will be tailored according to your needs.

## SPA ENVIRONMENT

To enhance your Spa experience please visit us for a private consultation to determine your needs and design your treatments experience. Your personalized package will be tailored according to your needs.

## VALUABLES

We recommend that all our guests leave all jewelry in the safe of their rooms before coming to the Spa.

## CANCELLATION POLICY

Please notify us at least 24 hours in advance for any cancellations or rescheduling. Any cancellations with less than 24 hours notice will result to a 50% of treatment charge while non shows will result to a 100% charge.

## PAYMENTS

All treatments and Spa products include a 24% government tax. All invoicing will be charged to your room and will appear on your account at the time of departure from the resort.

## SPA & HOMECARE PRODUCTS

To extend your Spa experience at home, a variety of Spa products are available at the Spa reception. Your therapist will advise you as to the products that suit you and your skin type as part of the treatment experience.

## OPERATION HOURS

Soma Spa operates from 10:00—18:00 daily.

## HYGIENE

Our team has been trained to be able to take all measures towards the highest standards of hygiene within our Spa, to ensure you can enjoy your treatments with safety and peace of mind.

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