

SOMA SPA

DOMES NORUZ MYKONOS

Restoring What Has Been Lost, Leading You To A Stage Of Completeness

Two spacious Spa Treatment rooms are set up to host treatments from Award-winning, Domes's signature SOMA Spa, delivering a level of absolute tranquility through signature treatments that blend ancient Greek ritual and contemporary healing. Noruz embodies the essence of living life to the fullest, where the allure of sexiness blends with a chill ambiance, and class takes precedence over excess and celeb status.
So come vibe with us.

The rituals of the spa treatments and methods of the ancient Greeks are combined with the most recent healing techniques and results oriented products, to bring the balance of your body to be restored in a place where ancient tradition inspires an aura of vitality, combined with the latest techniques of technology treatments.

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WELCOME HOME SIGNATURE SOMA SPA IMMERSION CATHARSIS

Our SOMA Spa Signature welcome touch brings the aura of Greece into the treatment room. Every treatment begins with the use of a restorative body balm that is lightly massaged to the upper back or décolleté, to bring you to a therapeutically relaxed state of being. We then spray an Aloe Vera Mist high above your head and perform an “Inhalation Tent” with a few drops of a Lavender and Chamomile Essential Oils. You are then ready to indulge in our bespoke and advanced Face and Body Therapies...

YES, WE CARE / A SOMA SPA GREEN POLICY

We prioritize safety and efficacy when choosing our spa products, therefore we ensure that all our brands make use of natural and clean ingredients, that are formulated with integrity and are sourced ethically respecting the environment. All our products are paraben free and formulated with no use of harmful ingredients for the skin. We also opt for vegan formulations where possible, from natural and sustainably sourced ingredients, in recyclable packaging. As a Wellness brand at SOMA Spa, we believe we have responsibly to the health of your skin and its environment.

To minimize our impact, we ensure the minimum use of water within our treatments, and the use of the minimum disposable materials, that are mostly biodegradable or fully recycled. We are taking small steps for now, but we are committed to ensuring both the health of our guests and the environment.

SOMA SPA — OUR PREFERRED BRANDS

iS CLINICAL

One of the world’s leading Cosmeceuticals, iS Clinical offers technologically advanced treatments, with pharmaceutical grade ingredients, that are botanically derived. Using only the best active ingredients, the products rejuvenate the complexion, while clarifying, balancing, and nourishing the skin. Used by some of the world’s leading dermatologists and celebrity aestheticians, it prides itself in real and visible results.

CODAGE PARIS

Inspired by the Periodic table of elements, CODAGE uses cocktails of active natural ingredients that work synergistically to answer specific needs. Combined and dosed, they bring to the skin essential nutrients to its proper functioning. Each treatment is build as a unique composition of formulas that builds a code or “codage” in French.

MYKONOS SIGNATURE SPA THERAPIES

Inspired by the vibes of Mykonos, the Greek mythological Gods,
and the therapeutic practices of Hippocrates.



YES HONEY, BODY & FACE RITUAL

75' | €170

This ritual begins with a relaxing body massage from top-to-toe and rounds up with a face cleansing experience, using a Honey Enzyme Peel, which makes it a potent, anti-inflammatory and antioxidant, with its natural antibiotic properties. A true relaxing and rejuvenating experience for the body and face.

GAEA & URANUS, AN INSPIRING BODY MASSAGE

90' | €190

This ritual includes a Deep Tissue Massage using a blend of our land's rich botanicals like Rosemary, Lemons & Chamomile to enhance the importance of aromatherapy. The treatment begins with a thorough exfoliation using a Carob seed body scrub that deeply cleanses and polishes the skin for a nourished and soft result.

BACK IN TIME, HIPPOCRATIC THERAPEUTIC MASSAGE

60' | €160

This Massage Ritual is based on the Massage Principles of Hippocrates, an advocate of Massage. Hippocrates referred to massage as friction or rubbings, and that it should have the effect of relaxing, constricting, thickening, and thinning. With a healing approach this massage focuses on Head & Neck as the crown of the body, feet as the base of the body and the abdomen, center of the body aiming to a healthier system, through targeted detox and cleansing. An all-rounded therapeutic experience, that begins with dry brushing of the body and ends with a mist of Kefir Tea water to awaken the senses.

SIGNATURE SPA THERAPIES

Global exclusives that are ingredient and results-focused using massage techniques from all over the world, powered by natural actives, science, and skin technologies.



CLOUD HIGH, CBD RELAXING MASSAGE

60' | €150

This CBD Massage is particularly focusing on further easing pain and inflammation, thereby speeding up recovery. Your brain's endocannabinoid receptors recognize the compound, enters through the skin, therefore the endocannabinoid system is stimulated, which plays a role in immune function, digestion, mood, and sleep. The body is shifted to a rest-and-digest state and by massaging the areas of concern, we encourage the body to surrender all toxins and enter a maximum relaxation state.

FUTURISTIC BLEND, A SIGNATURE COMBO OF TECH & HANDS

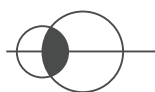
(Using Theragun Percussive Therapy by Therabody)

90' | €180

The perfect Jet Lag Recovery, a true Signature Experience like no other. This Authentic Massage has been developed by our Expert team of physios and therapists to ensure the maximum recovery for overworked muscles and extreme fatigue. The Massage focuses on all the body with a combination of Deep Tissue techniques and the additional Percussive therapy benefits from Therabody, using the legendary Theragun Elite. This ensures that blood circulation works in perfect harmony with your body's physiology whilst giving you the feeling of lightness and calm.

MESSAGE THERAPIES

Advanced massage sequences
to unwind and re-charge.



A CULT CLASSIC

Muscular Relief - Deep Tissue Massage

30' — €90 | 60' — €145 | 90' — €175

This massage deeply addresses all body's tensions. Relaxing, it instantly relieves and soothes muscle pains. Ideal for muscular recovery before or after sports, it activates blood circulation for a true sensation of comfort and well-being. Reveal a relaxed body and the best feeling of lightness you have ever felt.

ENERGY ALL OVER, STONE MASSAGE

60' — €150

The power of hot stones will help release any tension trapped in the muscles whilst reducing stress and anxiety. Our Hot Stones Massage promotes a healthier sleep and a boost on the immunity. Placing the stones on key points, the heat from the stones is deeply relaxing and helps warm up tight muscles allowing our therapist to apply a deeper pressure to those areas needed without causing discomfort.

AROMAS IN CHARGE, RELAXING MASSAGE

Aromatherapy Massage

60' | €145

A true source of stress-relief, this deep and enveloping massage soothes and relaxes for a moment of pure well-being. Tension is released and the skin is left nourished, deeply moisturized and incredibly soft. Using a Relaxing Body Oil, that contains 100% pure plant extracts that help relieve stress and fatigue and leave body skin soft and satin-smooth. Aromatic essences of Macadamia, Sweet Almond, Sesame and Apricot oil, in a blend of Geranium, Lavender, Amyris, Chamomile and Neroli Essential Oils deliver an overall feeling of wellbeing.

DREAM ON

Head & Scalp Massage

30' | €90

Our Head and Scalp Massage helps improve circulation of blood to the head and face and is designed to relax the mind as an effective stress reducer. Warm oil is massaged throughout the scalp working to relax tight muscles in the temple and neck regions. This treatment promotes a therapeutic action to the hair using an oil blend from Coconut, Sweet Almond, Baobab, Macadamia, Apricot, Hazelnut, Grape Seed, and Pomegranate. We recommend that you keep the hair oil on your head for at least one-hour post treatment, before you wash off, to ensure a deep therapeutic action.

BODY FIX, CONTOURING & DRAINAGE BODY MASSAGE

60' — €140

This treatment provides a concentrated anti-cellulite action. The toning massage helps eliminate cellulite and reduces the “orange-skin” effect. The drainage-stimulating massage techniques promote cellulite elimination and regeneration. This treatment stimulates the microcirculation for a true sensation of comfort and lightness. Using a Contouring Body oil that contains 100% Natural plant extracts that help eliminate toxins and stimulate skin to prevent sponginess in an exhilarating experience for tired muscles. A blend of Clary Sage, Ginger, Carrot Seeds, Cedar, and Gaiac Essential Oils lock in moisture and convince your body surrender its toxins completely.

MAMA TO BE, PREGNANCY MASSAGE

75'— €150

A healthy way of reducing stress and promoting overall wellness. Our Pregnancy Massage relieves discomforts experienced during pregnancy such as backaches, leg cramps, headaches or swelling. This is a therapeutic workout that focuses on the special needs of mothers-to-be as the whole body goes through the dramatic changes of pregnancy. We enhance the function of muscles and joints, improving circulation and general body tone, relieving any mental and physical fatigue. Gentle but effective and performed with respect and care.

SILK SKIN & TAN EVENER, BODY SUGAR SCRUB

40' | €85

This full-body scrub, infused with Sugar, Macadamia, and Shea Butter, eliminates dead skin cells, refines skin texture, revitalizes, and reawakens the skin. Particularly suited for those who wish to exalt the beauty of their skin. The treatment is rounded off by the personalized application of concentrated body milk that gives vitality to the skin. Reveal skin that is smoother and incredibly soft.

A LITTLE MORE THERAGUN ADD-ON — €10

A handheld, battery operated ‘*Percussive Therapy*’ device, designed to naturally address muscle pain. The rapid and repetitive application of pressure increases blood flow and the oxygen levels delivered to the muscle, relieving soreness, improving movement and aiding recover. Add it to any of the massages for that extra bit of recovery and stress relief.

FACE THERAPY

Using hands as the strongest diagnostic tool in combination with precise massage techniques and pure natural active ingredients.



THE FIRE & ICE FACIAL

60' | €160

A clinically active treatment system designed to resurface the skin, reducing fine lines and wrinkles, smoothing, softening, and encouraging cellular renewal rapidly and safely. Known globally as the “Red Carpet Facial” that A-List Celebrities love before their appearances, it reveals an instant glow, through pharmaceutical grade and botanically derived ingredients. Performed with iS Clinical.

THE HAUTE COUTURE FACIAL

90' — €200

The Haute Couture facial treatment responds to a precise skin type and need, regarding the selection of high performance CODAGE serums that we choose according to your skin needs. During the treatment, each serum is applied with a specific protocol, which has been designed to reinforce the serum's action to guarantee maximum effectiveness. This treatment for the face, neck, cleavage and hands is the ultimate anti-aging experience. At once your complexion looks radiant, your skin visibly smoother, relaxed and regenerated. Performed with Codage Paris.

GUA SHA, FACE & EYES PRO-AGEING

60' | €150

An intensely regenerating treatment associated with a refreshing and draining massage with Gua Sha. Specially designed to prevent and treat all signs of age: wrinkles, fine lines, spots, glow, and firmness. A revitalizing and lifting treatment of 60min to prevent and treat all signs of age. Performed with Codage Paris.

FACE FITNESS WORKOUT

Powered By Theraface Pro

60' — €150

The ultimate device for facial skin health. A relaxing facial massage meets the facial treatments you love. Reduce tension and relax facial muscles with the technology behind Theragun percussive therapy, now designed for the face. This multi-tasking device doesn't stop there — from skin-toning microcurrent to rejuvenating light therapy, and completed with hot and cold therapy rings, with three temperature that are specifically designed to reduce tension, pain, and inflammation. A cardio gym session for your face with immediate results in toning, firming, and refining the contours. Performed with iS Clinical.

HONEY ENZYME BOOSTER FACIAL

30' | €90

Revitalize your complexion with the Honey Enzyme Facial. This luxurious, exfoliating, and hydrating facial enhances skin with gentle massage and soothing hydration. Enjoy the warming sensation of the honey cleanser as you receive a lymphatic drainage massage. An exfoliating masque is applied in a circular motion to boost circulation and gently resurface the skin. The Honey Enzyme Facial is completed with a deeply hydrating masque to nourish the skin and leave it feeling rejuvenated. Effective for all skin types, you will enjoy a dramatically smoother, brighter complexion with a noticeable glow. Performed with iS Clinical.

ADD-ONS

Eye Rejuvenating Treatment ——— 15' | €30

Microcurrent Lifting ——— 15' | €45

Red LED ——— 10' | €30

SPA COMBOS

Targeted spa experiences for a holistic and 3D approach
to wellness and well-being.



AFTER PARTY, THE BODY COME BACK

2H — €290

Body Salt Scrub	30'
Contouring & Drainage Massage	60'
Honey Enzyme Facial	30'

DANCE FLOOR READY & SEXY

2H — €290

Cloud High, CBD Relaxing Massage	60'
Face Fitness Workout	60'

IT'S A SPA DATE BABY, FOR US TWO

90' — €450 (for both)

LET'S BE SPA LOVERS

The Cult Classic Deep Tissue massage	60'
Honey Enzyme Facial	30'
<i>Glass of champagne with Fruits</i>	

2H, 30' — €345

BRIDAL SPA VOWS

Body Scrub	30'
Aromas In Charge, Relaxing Massage	60'
Face Fitness Workout	60'

2H, 20' — €345

GROOM SPA VOWS

Body Salt Scrub	30'
The Cult Classic Deep Tissue massage	60'
Face Fitness Workout	60'

SPA ETIQUETTE



RESERVATIONS, APPOINTMENTS & CHECK-IN

Bookings in advance are highly recommended to secure the most suitable time for your schedule.

CONSULTATION

To enhance your Spa experience please visit us for a private consultation to determine your needs and design your treatments experience. Your personalized package will be tailored according to your needs.

VALUABLES

We recommend that all our guests leave all jewelry in the safe of their rooms before coming to the Spa.

CANCELLATION POLICY

Please notify us at least 24 hours in advance for any cancellations or rescheduling. Any cancellations with less than 24 hours notice will result to a 50% of treatment charge while non shows will result to a 100% charge.

PAYMENTS

All treatments and Spa products include a 24% government tax. All invoicing will be charged to your room and will appear on your account at the time of departure from the resort.

SPA & HOMECARE PRODUCTS

To extend your Spa experience at home, a variety of Spa products are available at the Spa reception. Your therapist will advise you as to the products that suit you and your skin type as part of the treatment experience.

OPERATION HOURS

Soma Spa operates from 10:00—20:00 daily.

HYGIENE

Our team has been trained to be able to take all measures towards the highest standards of hygiene within our Spa, to ensure you can enjoy your treatments with safety and peace of mind.

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